



August 2, 2018
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
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MEMBERS PRESENT

Che Hernandez – District 1
Joel San Juan – District 1
Bill Stewart – District 1
Rebecca Hernandez, 2nd Vice Chair – District 2
Jenifer Mendel, Chairperson – District 2
Deanne George – District 3
Ed Weiner – District 3
Tom Behr – District 4
Jerry Hall, Member-at-Large (ADS) – District 4
Judith Yates – District 4
John Sturm, 1st Vice Chair – District 4
Phil Deming – District 5
Richard McGaffigan, Member-at-Large (MH) – District 5

MEMBERS NOT PRESENT

Michael Matthews – District 2
K.C. Strang – District 5

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Director, Behavioral Health Services (BHS)
Ben Parmentier, Administrative Analyst III, Behavioral Health Services

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Jenifer Mendel, Chair, at 2:30 p.m. at the County Administration Center, 1600 Pacific Highway, San Diego, California 92101, Room 302.

II. INTRODUCTION OF BOARD MEMBERS

Members of BHAB introduced themselves.

III. APPROVAL OF THE MINUTES – June 7th, 2018

ON MOTION of Tom Behr, seconded by Bill Stewart, BHAB approved the minutes of June 7, 2018, as written.

AYES: 9 NAYS: 0 ABSTENTIONS: 0

IV. PUBLIC COMMENT

A concerned citizen, Marsita came before BHAB to discuss the issues that affect people who are homeless and have mental health issues.

Mike Bagby of NAMI North Coastal came before BHAB to discuss the closure of the behavioral health sections (Crisis Stabilization Unit and Behavioral Health Unit) of the Tri-City Medical Center which serves North County residents.

V. UPDATE FROM JUVENILE FORENSIC SERVICES

Dr. Jeffrey Rowe, Supervising Psychiatrist, Behavioral Health Services

Dr. Rowe came before BHAB to present an update on preventing school shootings. The Safe Schools Initiative he discussed developed a profile for students who are at risk. San Diego County developed a School Safety Protocol for alerting the District Attorney's office, San Diego County Office of Education, local law enforcement, and allied agencies to an identified risk, and then coordinating information and assessing the threat.

DISCUSSION:

Q: Would bullying be considered an identified at-risk behavior that is included in the profile?

A: There are multiple at-risk behaviors that can be identified, including bullying. The protocol identified the highest percentage behaviors (70-100%).

Q: Why are drugs and alcohol not listed as risk factors?

A: The group has not researched these so they are not addressed in the protocol. However, most children have not been encouraged to seek assistance for substance abuse or mental health related issues from their caregivers, and this is a problem.

Q: Have the school assessment teams considered surveillance as a deterrence measure?

A: Surveillance is not a deterrence. However, there are multiple tools to support families after an event, national hotlines for those to call, and the "see something, say something" program which informs adults and children what to look for and what to report.

Q: Do schools have a threat assessment specialist on campus?

A: The San Diego County Office of Education is ensuring that each campus has a school threat assessment individual on every campus. Usually this individual is the school principal.

VI. ACTION ITEM: BHAB BYLAWS BOARD LETTER

The BHAB Bylaws Board Letter was presented by Tom Behr, Chair of the BHAB Bylaws Workgroup. The Board Letter authorizes the workgroup's recommended updates to the bylaws.

ON MOTION of Tom Behr, seconded by Phil Deming, BHAB approved the BHAB Bylaws board letter on August 2nd, 2018, as written.

AYES: 12 NAYS: 0 ABSTENTIONS: 1

DISCUSSION:

Q: The term of BHAB members is 3 years per appointment, with a limit of 3 terms. Is there a change in the time for each term?

A: The term starts at the time of appointment to each term, and the revised bylaws do not change these times.

VII. PRESENTATION: HOUSING AND HOMELESSNESS IN SAN DIEGO COUNTY

Gordon Walker, CEO, Regional Taskforce on the Homeless

Susan Bower, Assistant Director of Integrative Services, HHSA

David Estrella, Director, Housing and Community Development Services

Dr. Piedad Garcia, Deputy Director, Behavioral Health Services.

The presentation focused on the different entities working together to provide affordable housing, care for mental health issues, and ending homelessness in San Diego County.

DISCUSSION:

Q: How many units will be created with the \$25 million trust fund? Would these units deplete the fund?

A: The bidding process has not started but the estimate is 550 units. It is possible that these units would deplete the trust fund.

Q: How many individuals in the homeless population were identified as veterans during the last Point in Time Count?

A: The Point in Time Count in 2018 identified 659 homeless veterans.

VIII. DIRECTOR'S REPORT

Alfredo Aguirre, Director, Behavioral Health Services

- There are two new County staff to introduce: Director of Integrative Services, Dr. Luke Bergman and Program Coordinator, Alisha Eftekhari.
- The County of San Diego was notified in late June 2018 of Tri City Medical Center's intent to suspend their Crisis Stabilization Unit (CSU) with 12 beds and Behavioral Health Unit (BHU) with 18 inpatient beds. The reasons for the suspension are: the need to upgrade facilities due to standards issued by the federal government, workforce issues in being able to provide psychiatric care, and concerns regarding other costs associated with care. The County added 20 additional PERT teams and 64 step-down subacute beds through Crestwood in September. The County also opened a new unit at the San Diego County Psychiatric Hospital for subacute clients and referrals from the justice system, and will continue to explore innovative means to meet the needs of clients in the region.
- The Recovery Happens Celebration is on September 15th from 10am-1pm at Liberty Station.
- The Public Comment period for the MHSA Annual Update is open for 30 days starting August 6th.
- The Oceanside Live Well Center that will have mental health services incorporated in the building will have a grand opening in October.

DISCUSSION:

Q: With the increase of PERT teams in San Diego County, will there be a disproportionately large amount in North County to help offset the Tri City closure?

A: The County met with the PERT Coordinator Council that decides where the PERT teams are deployed. One team will be in Escondido, one will be at Police substation in Encinitas.

Q: Is there a possibility to have an exemption for the upcoming federal requirements regarding the height of ceilings in certain facilities?

A: There are no waivers allowable. The facility can be cited if not properly addressed, and risks the loss of federal funding.

IX. CHAIRPERSON'S REPORT

Jenifer Mendel, Chair

- BHAB will form a nominating committee of at least 3 board members for the executive board election. The committee will recommend a slate to BHAB in October and the election will occur in November.

X. ADVOCATE REPORTING

There were no advocate reports.

XI. BOARD MEMBER COLLABORATION:

There was no collaboration time.

XII. MEETING ADJOURNMENT

ON MOTION of John Sturm, seconded by Jerry Hall, BHAB extended the meeting by 15 minutes.

AYES: 10 NAYS: 1 ABSTENTIONS: 0

ON MOTION of John Sturm, seconded by Phil Deming, the meeting adjourned at

5:16 p.m.

AYES: 10 NAYS: 0 ABSTENTIONS: 0

Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*